

Nikita Neary Carmarthen Harriers

Coaches Steffan Hughes -2011; 2011- Delyth Brown, Ralph Siggery and other Carmarthen Harriers coaches

Personal Bests

60m 9.0i (2010); 200m 24.64/24.18w (2015); 300m 38.56 (2014); 400m 53.00 (2014); 600m 1.25.27i (2014); 800m 1.58.65 (2012); 1500m 4.14.20 (2012); 3000m 9.29.37i (2012) ; 60mH U15 9.42i (2012); 60mH U13 11.01i (2009); 75mH U13 13.29 (2010); 80mH U15 13.79 (2011); 1500mSC 4.35.90 (2013); 2K Sc 7.09.27 (2015); HJ 1.50m (2012); LJ 5.35i (2012); SP6K 8.72m (2015); SP5K 9.48m (2013); SP4K 12.44i (2012); SP3.25K 10.53 (2010); DT 1.75K 23.84m (2013); DT 1.5K 26.54m (2013); DT 1.25K 30.91m (2013); DT 1.0K 33.66m (2011); HT 6K 20.70m (2015); HT 5K 16.19m (2013); JT 800g 43.89m (2014); JT 600g 44.40m (2012); JT 400g 34.04m (2010)
Quad U13 1813 (2010); Pen U15 2265 (2011)
London mini marathon 3M 15.56 (2013); 16.25(2012); 17.01 (2011)

Nikita Neary lived in Llanddowror Carmarthenshire and went to Tavernspite primary school

He competed for the school in the Carmarthenshire primary schools' athletics championships in Carmarthen in May 2009. He was a big boy for his age and easily won the 800m and shot putt events

After the championships he joined Carmarthen and District Harriers Athletics Club and became during his six year junior athletics career very successful in track and field, road and cross country

Nikita on 26 Jun 2010 at Newport set a new Welsh U13 Quadrathlon record (75H,LJ, SP.800m) with a score of 1813 points

Amazingly he in the last and the fourth event of the day , the 800m, broke the old U13 boy's 800m record with an excellent time of 2min 11.91 seconds. Both records still stand today after a period of 10 years

Nikita has won many Welsh schools or Welsh championships titles in athletics (indoor and outdoor) and at cross country

He has competed for Welsh Schools in the combined events (indoors), athletics (SIAB), cross country (SIAB) and road (London mini marathon) and Wales in mountain running and fell racing

Nikita was also a fine rugby player but rugby injuries affected his progress in athletics in later years

When he was a pupil at Dyffryn Taf secondary school in Whitland he competed for Carmarthen Harriers and Dyfed Schools in many track and cross country events and in 2015 was awarded the Glyn Davies Memorial Cup for his outstanding contribution that year to Dyfed Schools AA

He was not only an excellent athlete but also an exceptionally good club and Dyfed school team member but would also be willing to compete in as many events as possible

Nikita Neary's Milestones in his athletics career (main results) 323 recorded results

2009 Under 13 Carmarthen Harriers (17 results (in all))

800	6	2.34.53	Cardiff	Welsh U13 Championships	11 Jul 2009
1500	1	5.01.1	Carmarthen	Louise Arthur League Match	25 Jul 2009
1500	2	5.07.9	Yate	Midlands UK YA League Match	19 Jul 2009
SP	2	8.74m	Brecon	Welsh U15 Junior Cup Final	23 Aug 2009
SP	4	8.40m	Cardiff	Welsh U13 Championships	11 Jul 2009
SP	3	7.88m	Carmarthen	Louise Arthur League Match	25 Jul 2009
DT	1	25.23	Carmarthen	Carmarthen Throws Meeting	20 Aug 2009
Quad	1	1347i points	Cardiff	Welsh U13 CE Championships	15 Nov 2009

2010 Under 13 Carmarthen Harriers (50 results in all)

60	4	9.0	Swansea	West Wales Championships	17 Jan 2010
200	1	26.4	Barry	Louise Arthur League	11 Jul 2010
200	2	27.32	Cardiff	Welsh U13 Championships	13 Jun 2010
800	1	2.11.9	Newport	Welsh U13 CE Championships	26 Jun 2010
800	1	2.12.0	Swansea	Louise Arthur League Match	6 Jun 2010
800	1	2.12.99	Cardiff	Welsh U13 Championships	13 Jun 2010
800	1	2.14.1	Carmarthen	Midlands UK YA League Match	16 May 2010
800	1	2.16.0	Carmarthen	Dyfed Y7 Championships	30 Jun 2010
800	1	2.23.77i	Cardiff	Welsh Indoors U13 Champs	23 Jan 2010
1500	1	4.37.44	Cardiff	Midlands UK YA League Match	16 Jul 2010
1500	1	4.43.51	Brecon	Welsh Junior League Cup Final	22 Aug 2010
1500	1	4.44.33	Carmarthen	Welsh U13 Championship	10 Jul 2010
1500	1	4.45.49	Brecon	NASUWT Welsh Schools Plate	7 Jul 2010
1500	1	4.47.66	Cardiff	Welsh Junior League	7 Aug 2010
1500	1	4.48.9	Haverfordwest	Gerald Codd Trophy	15 Aug 2010
1500	1	4.49.3	Neath	Midlands UK YA League Match	20 Jun 2010
75H	1	13.1	Neath	Midlands UK YA League Match	20 Jun 2010
LJ	Q	4.44m	Newport	Welsh CE Championships	26 Jun 2010
SP	2	10.53m	Carmarthen	Carmarthen Throws Competition	9 Sep 2010
DT	1	33.61m	Carmarthen	Carmarthen Throws Competition	9 Sep 2010
Quad	1	1813	Newport	Welsh U13 CE Championships	26 Jun 2010
ZXC	1	10.12	Brecon	Welsh Schools Y7 CC Champs	27 Feb 2010
ZXC	4	10.13	Swansea	Welsh U13 CC Championship	20 Feb 2010
ZXC	1	11.03	Swansea	West Wales CC Championship	7 Nov 2010

2011 Under 15 Carmarthen Harriers (60 results in all)

200	2	26.0	Carmarthen	Welsh U15 League Match	30 Apr 2011
400	2	58.3	Swansea	Welsh U15 League Match	26 Jun 2011
800	3	2.04.96	Cardiff	Welsh U15 Championships	23 Jul 2011
800	1	2.06.19	Connahs Quay	Welsh Inter Regional Champs	28 Aug 2011
800	2	2.08.95i	Cardiff	Welsh U15 Indoor Champs	23 Jan 2011

1500	1	4.35.19i	Cardiff	Welsh U15 Indoor Champs	29 Jan 2011
1500	1	4.37.35	Brecon	NASUWT Welsh Schools Plate	13 Jul 2011
1500	1	4.39.4	Neath	Welsh U15 League Match	28 May 2011
3000	5	9.54.70	Neath	Welsh U15 Championship	10 Aug 2011
60H		9.84i	Cardiff	Welsh Indoor CE Champs	8 Nov 2011
HJ		1.50	Newport	Welsh CE Championships	25 Jun 2011
LJ		5.02i	Cardiff	Welsh Indoor CE Champs	6 Nov 2011
SP		10.08i	Cardiff	Welsh Indoor CE Champs	6 Nov 2011
DT	1	30.91	Cheltenham	Midlands UK YA League Match	8 May 2011
JT	3	37.78	Carmarthen	Carmarthen Throws comp	25 Aug 2011
Pent	4	2265	Newport	Welsh CE Championships	25 Jun 2011
Pent	4	2545i	Cardiff	Welsh Indoor CE Champs	6 Nov 2011
3M	15	17.01	London	London Mini Marathon	17 Apr 2011
ZXC	2	10.29	Northop	Welsh CC Championships	19 Feb 2011
ZXC	12	14.05	Brecon	Welsh Schools CC Champs	16 Mar 2011

2012 U15 Carmarthen Harriers (45 results in all)

200		24.64i	Glasgow	SIAB Indoor CE International	1 Dec 2012
300	1	38.1	Haverfordwest	Gerald Codd Trophy	12 Aug 2012
400	1	55.0	Carmarthen	Dyfed Schools Championships	16 Jun 2012
800	5	1.58.65	Exeter	BMC Regional Races	31 Jul 2012
800	3	2.00.26	Bedford	England U15 Championship	19 Aug 2012
800	2	2.02.76	Cardiff	Welsh U15 Championships	2 Jun 2012
800	1	2.04.30i	Cardiff	Welsh U15 Indoor Champs	21 Jan 2012
1500	1	4.14.20	Cardiff	Welsh Inter Regional Champs	14 Jul 2012
1500	1	4.19.10	Cardiff	Welsh U15 Championships	4 Jun 2012
1500	1	4.20.61i	Cardiff	Welsh U15 Indoor Champs	22 Jan 2012
1500	1	4.24.89	Brecon	Welsh Schools Championships	7 Jul 2012
3000	1	9.29.37i	Cardiff	Welsh Indoor Championships	5 Feb 2012
60H		9.42i	Glasgow	SIAB Indoor Pentathlon	1 Dec 2012
HJ	5	1.50	Neath	Welsh Junior League	26 May 2012
LJ		5.35i	Glasgow	SIAB Schools Pentathlon	1 Dec 2012
SP		12.44i	Cardiff	Welsh CE Championships	4 Nov 2012
DT	2	28.40	Carmarthen	Carmarthen Throws Comp	31 May 2012
JT	1	44.40	Carmarthen	Carmarthen Throws Comp	31 May 2012
Pent	10	2940	Glasgow	SIAB U15 Pentathlon	1 Dec 2012
Pent	2	2921	Cardiff	Welsh CE Championships	4 Nov 2012
ZXC	14	12.36	Perth	SIAB Cross Country	31 Mar 2012
3M	40	16.25	London	London Mini Marathon	22 Apr 2012
ZXC	1	13.29	Brecon	Welsh Schools CC Champs	25 Feb 2012
ZXC	6	16.46	St Fagans	Welsh CC Championships	18 Feb 2012

2013 U17 Carmarthen Harriers (35 results in all)

200	4	24.82w	Swansea	WA Open Meeting	16 Jun 2013
400	2	53.32	Swansea	WA Open Meeting	16 Jun 2013
800	1	2.00.4	Solihull	UK YA League Match	30 Jun 2013

1500Sc	1	4.35.90	Swansea	Welsh U17 Championships	22 Jun 2013
1500Sc	8	4.40.67	Dublin IRE	SIAB Schools International	20 Jul 2013
1500SC	1	4.50.61	Newport	Welsh Inter Regional Champs	1 Sep 2013
SP	2	9.48	Cardiff	UK YA League Match	28 Apr 2013
DT	1	26.54	Cardiff	UK YA League Match	28 Apr 2013
JT	2	38.73	Wolverhampton	UK YA League Match	28 Jul 2013
3M	21	15.56	London	London Mini Marathon	21 Apr 2013
MR	29	28.59	Gap FRA	WMRA International Youth Cup	6 Jul 2013
ZXC	3	15.18	Crickhowell	Welsh CC Championships	16 Feb 2013
ZXC	7	19.33	Brecon	Welsh Schools CC Champs	23 Feb 2013
ZXC	30	22.03	Llandeilo	SIAB Cross Country Match	23 March 2013
ZFL	15`	24.17	Aberfoyle SCO	Home Countries Fell R Int	21 Sep 2013

2014 U17 Carmarthen Harriers 19 results in all)

200	4	25.10	Newport	Welsh Senior League	21 Jun 2014
300	3	38.56	Cardiff	Cardiff Met grand Prix	14 Dec 2014
400	3	54.0	Brecon	Welsh Senior League	20 Jul 2014
600	5	1.25.27i	Cardiff	Cardiff Met Grand Prix	14 Dec 2014
800	5	2.01.0	Coventry	BMC Classic Races	22 Aug 2014
1500	2	4.18.36	Swansea	Welsh Inter Regional Champs	31 Aug 2014
XC	8	20.04	Llandeilo	Welsh U17 CC Championships	15 Feb 2014

2015 U20 Carmarthen Harriers (28 results in all)

200	4	24.18	Brecon	Welsh Senior League	31 May 2015
400	4	53.00	Cardiff	Welsh Schools Championships	4 Jul 2015
800	4	1.59.20	Street	BMC Classic	4 May 2015
800	4	2.02.96	Cardiff	Welsh Schools Championships	4 Jul 2015
1500	3	4.23.0	Cheltenham	Midlands YA League Match	28 Jun 2015
2KSc	2	7.09.27	Cardiff	Midlands YA League Match	16 May 2015
JT	2	43.30	Cardiff	Midlands YA League Match	16 May 2015
JT	3	42.68	Cardiff	Welsh Schools Championships	4 Jul 2015
ZXC	15	23.48	Brecon	Welsh Schools CC Championships	11 Feb 2015