

**Carmarthen Open Throws Meeting Fixture 1 at Carmarthen Athletics Track,  
Johnstown - Thursday April 25th 2019- Results**

Carmarthen Open Throws held last Thursday of every month in the summer 6pm

## **JAVELIN**

<b>Pos</b>	<b>Number</b>	<b>Age Group</b>	<b>Name</b>	<b>Club</b>	<b>Best Throw</b>
1	426	U13B	Eurion John	Pontyclun AC	29.03
2	431	U13B	Leon Gregson	Cardiff AAC	23.96
3	363	U13B	Liam Upton-Boorman	Carmarthen Harriers	23.78
4	435	U13G	Lily Ford	Swansea Harriers	13.02
1	436	U15G	Rebecca Holley	Cardiff Archers	30.94
2	365	U15G	Lleucu Lloyd	Pembrokeshire Harriers	27.82
3	433	U15G	Lucy Harris	Swansea Harriers	25.31
4	432	U17W	Lily Gregson	Cardiff AAC	24.94
5	311	U15G	Rebekah Pratt	Swansea Harriers	21.90
6	370	U15G	Jessica Lee	Carmarthen Harriers	15.97
1	372	SW	Rachel Jones	Swansea Harriers	34.72
2	428	SW	Lauryn Davey	Carmarthen Harriers	27.29
3	429	Mas	Chris Pruski	Swansea Harriers	27.04
4	368	U15B	Thomas Gorvett	Swansea Harriers	25.19
5	428	Mas	Lisa Franklin	Llanelli AC	19.36
1	369	U17M	Joshua Wilton	Swansea Harriers	46.34
2	425	U17M	Morgan Batten	Carmarthen Harriers	42.92
3	367	U17M	Harvey Thomas	Swansea Harriers	29.21
1	434	U20M	Caleb Nicholas	Pembrokeshire Harriers	39.30

**SHOT**

<b>Pos</b>	<b>Number</b>	<b>Age Group</b>	<b>Name</b>	<b>Club</b>	<b>Best Throw</b>
1	360	U17W	Nia Williams	Carmarthen Harriers	9.48
2	435	U15G	Lily Ford	Swansea Harriers	8.48
3	432	U17W	Lily Gregson	Cardiff AAC	8.45
4	361	U15G	Elen Williams	Carmarthen Harriers	8.03
5	364	U13B	James Sloyan	Carmarthen Harriers	7.28
6	365	U15G	Lleucu Lloyd	Pembrokeshire Harriers	7.24
7	433	U13G	Lucy Harris	Swansea Harriers	7.20
8	431	U13B	Leon Gregson	Cardiff AAC	6.64
1	430	U15B	Dafydd Pawlett	Pembrokeshire Harriers	13.21
2	373	SW	Lucy Griffiths	Cardiff AAC	12.10
3	362	U20W	Chloe Fox	Pembrokeshire Harriers	10.53
4	427	SW	Lauryn Davey	Carmarthen Harriers	10.45
1	366	U17M	Oscar Dun	Swansea Harriers	11.28
2	369	U17M	Joshua Wilton	Swansea Harriers	11.07
3	367	U17M	Harley Thomas	Swansea Harriers	10.30
1	434	U20M	Caleb Nicholas	Pembrokeshire Harriers	11.32