

Recent Events Repors 13-17 June

Written by Nathan Jones

Wednesday, 17 June 2015 08:19

Report & some Results from last weekend's action (13-17 June):

UK Boys & Girls Clubs, Swansea Half Marathon, Llandovery Triathlon, Masters Champs & Ammanford Fun Run

UK Boys & Girls Clubs Championships

For over 50 years Athletics have been providing opportunities from young people in clubs to undertake athletics and cross country events. The Boys' and Girls' clubs of Wales host two major athletics competitions every summer with a total of 800 athletes taking part. These are the Boys and Girls Welsh Champs and Clubs for Young People UK Champs.

The sports are used as an instrument for social cohesion for young people as a way of keeping them actively engaged within the clubs and their communities.

The Carmarthen Harriers representatives were chosen from athletes who competed in the first Louise Arthur match in Carmarthen last month.

A team from Carmarthen travelled to the Cardiff International Stadium to compete for the Welsh Boys & Girls Clubs combined Carmarthen / West Wales Team which gave the youngsters a new challenge, running against different young people clubs and athletics in England, while making new friends at the same time. The Carmarthen scorers were the A string (4) with the West Wales athletes scoring as B string (44)

The teams that were in Cardiff were: Carmarthen/West Wales, Newport, Cardiff, Durham and Essex.

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Despite the wet conditions and perhaps the turnout and standard being low, the team excelled themselves again returning home with a collection of medals, 78 in total. All age groups were invited and part of the competition in the Welsh Capital, from Under 11 Boys and Girls to the U20's. The club did not enter teams for this event 12 months ago due to it clashing with the latest LA match.

The Carmarthen Harriers performances were rewarded at the end of the day as both the Under 15 Boys and Girls won the overall team trophies with the other age groups also finishing well in the top three behind a very strong Durham team.

Well done

Results were not published for a few days due to a number of name errors and confusion with points scored. This copy should be correct:

[Results](#)

[**EVENT IMAGES**](#)

Athletes Performances:

Under 11 Girls:

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Annabella Leahy - 100m 16.3; Relay

Olivia Lloyd-Evans - 800m 3.08.6; LJ 3.03; Relay

Megan Rees - Relay

Jessica Lee - Relay

4 x 100m Relay - 64.0

Under 13 Girls:

Ffion Pugh - 100m 14.7; 200m 30.9

Phoebe Davis - 1500m 5.19.6

Maddie Morgan - 1500m 5.27.8; LJ 3.48

Lili Church - HJ 1.30; SP 6.34

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4 x 100m Relay - 61.0

Under 15 Girls:

Alicia Samuel - 100m 12.9; LJ 4.86

Elin Jones - 200m 29.2

Elin Jones - 200m 29.4; SP 5.97

Cerys Davies - 800m 2.33.2

Non Morgan - 800m 2.33.8

Taylor McArthur - 1500m 5.40.0

Ellen Hawkins - 1500m 5.50.1

Bronwyn Davies - HJ 1.30

Danielle Jones - SP 9.39; DT 30.93

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4 x 100m Relay - 53.6

Under 17/20 Girls:

Megan Rowe - 100m 13.3; 200m 28.0

Lauren Davies - 200m 33.0

Sioned Glynn - 1500m 5.13.3

Rachel Donnison - 200m 25.9; 400m 61.0

Under 11 Boys:

Guto Phillips - 100m 15.1; SP 6.07

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Joseph Hollis - 100m 15.2

Owain-Hari Davies - 200m 32.6; LJ 3.34

Frank Morgan - 800m 2.36.0

4 x 100m Relay - 62.3

Under 13 Boys:

Rhys Smith - 100m 14.4; 200m 29.7; LJ 3.81

Sion Jones - 100m 14.5; LJ 4.08

Iwan Glynn - 800m 2.23.2

Deian Morgan - 800m 2.35.6

Bedwyr Thomas - 1500m 5.17.1

Ryan Thomas - HJ 1.20

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4 x 100m Relay - 58.7

Under 15 Boys:

Franco Lopez - 100m 13.2; 200m 26.9

Zak Daly - 300m 39.1 (NCR)

Ben Thomas - 800m 2.13.1; LJ 4.61

Iestyn Williams - 800m 2.16.8

Tomos Rees - 1500m 4.51.1

Archi Morgan - 1500m 5.00.2

Joe Worrall - SP 13.38; DT 40.01 (NCR)

Connor Evans - DT 39.84 (NCR)

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Joshua Thomas - JT 35.96

4 x 100m Relay - 52.1

Under 20 Boys:

Charles Griffiths - 200m 30.2

Other News

Well done to everyone that took part in the following events on a busy "Super Sunday" 14th June in Llandoverly, Llanelli, Swansea and Brecon - Llandoverly Sprint Triathlon, Race for Life 5K/10K, Swansea Half Marathon and Welsh Masters Championships.

In Swansea, two former Carmarthen Harriers members finished on the podium after excellent runs. Dewi Griffiths recorded a course record time in winning the half marathon in 1.06.48. Teammate Josh Griffiths was third. Harriers team manager Gill Edwards finished the course in 2:01.37

Elsewhere, Paul Clarke won 4 gold medals at the Welsh Masters Champs in Brecon, winning the vet 35-39 200, 400, 800 and 1500 races and Peter Moody was the second M60 group to finish at the Trots Dambuster 10K.

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Llandovery Junior 8-14 Triathlon was postponed on Saturday 13th by the race organiser [Healthy Life Activities](#)

due to the predicted severe weather forecast. It was done on the juniors safety. A new date is to be announced soon that the 110 athletes entered can take part in a triathlon. The new date will be posted as soon as it is available first on the Healthy Life Activities and Carmarthen Harriers websites.

At the Ammanford Fun Run held in Ammanford on 17 June, Frank Morgan won the yr 5&6 Boys race by a fine margin. Emma Brazier and Ella Davis were first and second in their age group with Ioan Collier and Steffan Davies also taking part. The event once again attracted a large turnout with numbers up on last year from 180 to 210 runners. the weather was cloudy and drizzly but the crowd still turned up to support.

"Super Sunday" - Swansea Half Marathon & Llandovery Sprint Triathlon [RESULTS](#)